



Vol 1, Issue 7.

Past Present Future

September 29 2023

## PRESENT: ROUND VALLEY INDIAN TRIBE CELEBRATES INDIAN DAYS 2023

Written by Jenn Procacci,  
Pictures courtesy of RVIT Facebook Page & Michelle Merrifield

The Round Valley Indian Tribe's Indian Days 2023 took place last week, from Thursday September 21st to Sunday 24th, at Hidden Oaks Park. Under the protective embrace of the ancient oaks, folks gathered together to celebrate Round Valley's seven tribes. The 4-day event featured great food,



cultural dances, arts and crafts, vendors, a parade,

live music, contests, mud bogging, a softball tournament, western play day and the children's carnival.



Notable highlights of this year's festivities included a visit from Nicole Mann, who made herstory on January 20th, 2023, when she became the first Native American woman in space as the commander of NASA's SpaceX Crew-5 mission aboard the SpaceX Crew Dragon spacecraft, Endurance. Col. Mann is a member of the Wailaki Indian Tribe of Round Valley. She was honored during the Indian Days parade on Saturday morning and was present with a gorgeous handmade quilt in front of the parade goers. She then spoke later on Saturday at Indian Days, telling the crowd of her experiences and what it meant to her to be the first Native American woman in space. Col. Mann presented the

Round Valley Indian Tribes with a plaque depicting an American flag that traveled with her into space and was honored by the RVIT with a handmade medallion. After describing her experiences in space, she did a Q&A with local children. Supervisor John Haschak addressed the crowd prior to Col. Mann, announcing that the Board of Supervisors had voted unanimously to make September 23rd "Nicole Mann Day" in Mendocino County. The announcement was met with cheers and whistles of approval from the crowd. In attendance on Saturday was Miss Indian World, Tori McConnell (Yurok and Karuk), along with her father. Additional RVIT members received honors during the opening parade, including Georgina Lee Wright, the parade's Grand Marshal, who received a beautiful handmade quilt and medallion. She is the daughter of George Wayne Wright and Lily Lee Britton, great grandparents George and Anna Britton. She is the direct descendant and great granddaughter of Charles Wright, who was between 5-8 years old on the original Nome Cult Trail of Tears, in September 1863. Georgina is among the eldest that still participate in the annual Nome Cult Walk that traces the original path of the 1863 forced relocation. Kimberly Seawell and Jodie Boggs were also honored, receiving quilts and medallions.

The festivities at Indian Days got spicy on Sunday, as folks lined up to taste test at the chili bean cookoff, organized by the Senior Center and sponsored by 162 Burger Bar and The Buckhorn Bar. 22 entries filled bellies and delighted palates of all ages. Edith Herrera took home the grand prize of \$1000 for her delicious chili beans, replete with chicharron and cilantro.

Ronnie Hoestler celebrated his 80th birthday with a touching speech on Sunday, thanking his family members and community. Happy Birthday, Ronnie!



Do you have archives from the past, present news, and/or imaginings for the future of Round Valley? Tell us in person at Fridays' farmers' markets (where we will also have the latest issues of the paper!) Or email us at: [coveloarts@gmail.com](mailto:coveloarts@gmail.com)



# Round Valley Reader



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**PAST** selected by Jenn Procacci

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The Round Valley View

September 20-October 3, 1996

## Community Columns

### The Country Gardener

by Tom Palley

#### Is it Time to Say Goodbye to Summer?

Something tells me it is time to get ready for the seasonal change from summer to fall. The mornings are colder and the light comes later and leaves earlier. These are clues.

It is hard to look ahead to the day that I will walk into the frost that will put an end to tomatoes, peppers, squash, cucumbers, melons, eggplant, and all the annual flowers that are still flourishing in late summer. I remember the smell of the plants decaying as they begin to decompose after the frost melts and the sun shines down on the remains of plants which were healthy and productive just hours before.

There is something bittersweet about the experience. It is not like I never imagined that this would happen. It has happened every year that I have lived in Round Valley. But, just as you know that all life will die and you still find it hard to accept the death of a friend or relative, it is kind of sad to find the end of summer manifested in the dead plants you have nurtured. On the other hand, the intense demands of summer harvests are relieved by the passing of summer. The summer squash and cucumbers which demanded harvest daily are no longer requiring our energy. The melons and tomatoes which were so abundant and productive, worked us hard, but now, will not need the same attention. They are ready to be buried as we prepare for cover cropping the garden for the winter.

It has been just a year since I wrote my first column for the Valley View. Looking back I see that I wrote about fall then. I hope to be able to keep my column in tune with the seasons. It has been a long hot summer and we have had a good year growing and selling our produce and flowers, but it is not time to stop yet. I am working to get in spinach and turnip crops to provide food for subscribers and markets in the fall and winter. Radishes and cilantro are beginning to come up, too. Winter greens like arugula, mizuna, mustard and kale are being started to harvest for salad mixes and stir-fries.

The sprinkling of water we had on Friday the thirteenth was only enough to settle the dust, but we pulled out our boots and raincoats and began to check the firewood supply. At this time in order to have a steady supply of fall crops during the early winter, I make more frequent successive plantings because by the time they begin to approach maturity, the colder weather will have slowed their development and even sowings made one week apart will have distinct size from other sowings of the same crop sown only a few days earlier or later. Waiting too long to sow some of these crops will arrest their development so that they may never reach a good size to harvest. So in September I may sow spinach, radish, turnips, choy and other greens several times. By the middle of October I do not get good results from sowings and it seems too late for planting out lettuce or brassicas unless done under protective covers.

We must say hello to fall before we can say goodbye to summer.

### Seasonal Kitchen

by Diane Farris

Do you have a sweet tooth? I know I sure do, and today's recipes should satisfy many as they are very different in their appeal. These are the last of Ardy's recipes I'll be sharing, saving the sweets for last. For those of you who are really in to chocolate (you know who you are) there is a rich fudge truffle cheesecake, for those who like citrus, an old fashioned dessert called "Mother's Frozen Lemon Pudding," and for those who are more health minded, a homemade candy with an applesauce base.

With cooler weather arriving, I find myself picking up cook books again and being a bit more interested in spending time in the kitchen. There are a couple of great books I've been reading lately where I'm sure I'll be finding some new and exciting recipes for the coming months. Until next time then, happy eating!

#### Fudge Truffle Cheesecake

##### Chocolate Crumb crust

- 1 1/2 c vanilla wafer or graham cracker crumbs
- 1/2 c powdered sugar
- 1/3 c powdered cocoa(unsweetened)
- 1/3 c melted butter

- Combine and press firmly to line a 9-inch springform
- 2 c semi-sweet chocolate chips
  - 3 packages cream cheese, softened
  - 1 can sweetened condensed milk
  - 4 eggs • 2 t vanilla extract

Preheat oven to 300. In a heavy saucepan, over very low heat, melt chips, stirring constantly. In a large mixer bowl, beat cheese until fluffy. Gradually beat in sweetened condensed milk until smooth. Add melted chips and remaining ingredients. Mix well. Pour into prepared crust. Bake 1 hour and 5 minutes or until center is set. Cool then chill.

#### Mother's Frozen Lemon Pudding

Crumb crust (make one as in above recipe, omitting the chocolate, or buy one)

- 3 egg yolks • 1/2 c sugar
- juice 1 lemon (1 lemon equals 3 T juice)

Beat egg yolks, sugar, and lemon juice with electric mixer until thick, about 5 minutes.

3 egg whites, beaten to stiff peaks (be sure to start with a clean bowl and with clean beaters)

Fold into above mixture. Pour into a crumb crust, freeze several hours. Thaw 10 minutes before serving.

#### Apple Candy

- 1 pkg flavored, Jell-o or 2 envelopes of plain gelatin
- 1 1/2 c hot strained applesauce (if using homemade chunky applesauce, blend it in a blender first)
- 1 c sugar (this is fairly sweet, use less sugar if desired)
- 3/4 c nuts, chopped fine • powdered sugar

If using unflavored gelatin, soften and dissolve in 1/4 c water at this point. Combine applesauce with sugar and cook 15 minutes over low heat, stirring constantly. Remove from heat. Add jello or unflavored gelatin and stir well to dissolve. Add nuts. Pour into greased 9x5x2 pan (note: this is an odd sized pan, if you don't have one this size, use two bread pans). Chill. When firm cut into 1 inch cubes and let stand out overnight at room temperature to dry on a cake rack. Roll in powdered sugar and let sit out a little longer. When dry to touch, store in covered container. Makes about 2 1/2 dozen pieces.

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## Future: Indian Days—ten, twenty-five, and seventy years from now!

Written by Michelle Peñaloza in collaboration with Native WAY Youth: Gemma Derby, Isabella Tymn, Lavina (Lovey) Lincoln, Fire Little Lake, and Michelle Merrifield, Native WAY coordinator // This week, the future looks a little different, with Native WAY youth's take on this year's Indian Days and their looking toward its future. 🌈

### Gemma Derby

Age: 12

**Favorite Snack:** Hot Cheetos

**Top Three Moments of Indian Days:**

My favorite things about Indian Days: feather dancing, the rides, and the food. I ate Indian tacos and snow cones and cotton candy.



**What do you hope for the future of Indian Days?** I hope Indian Days will get better with fewer accidents and injuries. I hope there will be more rides and maybe a petting zoo.

### Isabella Tymn

Age: 12 (13 in 2 months!)

**Favorite Snack:** Everything! Hold on, let me go through my list of foods...halo-halo!

**Top Three Moments of Indian Days:**

Feather dancing with my sister, Ayasha; I haven't danced with her since I was five. She hasn't danced for a while because she wasn't in the right mindset. It made me pretty happy. I liked most of the rides; my favorite part was getting [my friend] Fire



sick on the spinny ride. He didn't get sick, but he was pretty dizzy. I kept making us spin faster. I felt accomplished! Meeting Nicole Mann and Miss Indian World was a favorite part, too. I ate a lot of food! Indian tacos, corn with Hot Cheeto crumbs, nachos, fried chicken, potato salad, pork stir fry, Takis, Mexican candy. And that's it. My favorite was the corn.

**What do you hope to see at Indian Days next year?** I want them to bring The Zipper in because they only brought it in one time, and I was too short to ride it. And the Silver Bullet, too.

**What do you hope to see in 10 years?** I want more people to come from out of town and be excited about it. And for people to come and stay and watch the

dancers and not just come for 20 minutes and leave.

**What about 25 years from now?** We'd have more people who wanna dance with us. Better rides, ones that aren't so rickety. Better food, like good Mexican food, less greasy stuff, and Filipino food!  
**What about in 70 years?!** In the year 2093, I want to see bathrooms that aren't Port-a-Potties. It'll be like what astronauts use!

### Lavina (Lovey) Lincoln

Age: 12

**Favorite Snack:** Torts (fluffy tortillas)

**Top Three Moments of Indian Days:**

The carnival rides, playing basketball with my friends, doing the fashion show, and feather dancing. Miss Indian World danced near us; I got her autograph. Nicole Mann looked younger than I thought she would. They were all pretty nice.



**What do you hope to see at Indian Days next year?** More rides, like The Zipper, the hot wheel one, the alien ship one.

**What do you hope to see in 10 years?** Maybe, more famous people. Like Native singers. Or to see the missing women come back and have a bunch of kids.

**What about 25 years?** Maybe a bigger space for rides, more animals, more dancers, cheaper for people to go.

**What about in 70 years?!** In the year 2093, everything will be more beautiful and not tweaked out.

### Fire Little Lake

Age: 16

**Favorite Snack:**

anything from McDonald's  
**Top Three Moments of Indian Days:**

Having fun with all these little people here [pointing to



everyone else]. Fun on the carnival rides. Spending time with my family, watching my nephews, asking how everyone is, seeing how everyone is doing.

**What do you hope to see at Indian Days next year?** The Zipper. More lights to make it brighter and shinier. Karaoke! An ice cream truck.

**What do you hope to see at Indian Days 10 years from now?** More respect for elders. I just wanna see everyone happy, that's all.

**What about 25 years from now?** I just want everyone to be safe, kind, happy. I can't think of anything better than everyone being good.

**What about in 70 years?!** In the year 2093, I'll be taking care of my great grandchildren. Hopefully, it won't be too hot and there will be ice cream.

### Michelle Merrifield

Age: 54

**Favorite Snack:** Cheez-its

**Top Three Moments of Indian Days:**

Hanging out with Miss Indian World, seeing so many people at the event, dancing in the arbor with the girls.



**What do you hope to see at Indian Days next year?** More vendors, cooler and safer rides. Better seating for the audience and elders.

**What do you hope to see at Indian Days 10 years from now?** Bigger venue, famous people coming in – singers like 'Lil Mike and Funny Bone, Superman. An area for doggie daycare so people can bring their pets.

**What about 25 years from now?** New buildings, new grounds; everything all new and refreshed. More fruit trees. Maybe even a community garden. More flowers all over the park. A lot more community involvement keeping the entire grounds as beautiful as can be.

**What about in 70 years?!** In the year 2093, I like Fire's answer: seeing everyone happy and enjoying themselves. It's a no worries place to be with your family and friends. 🌈



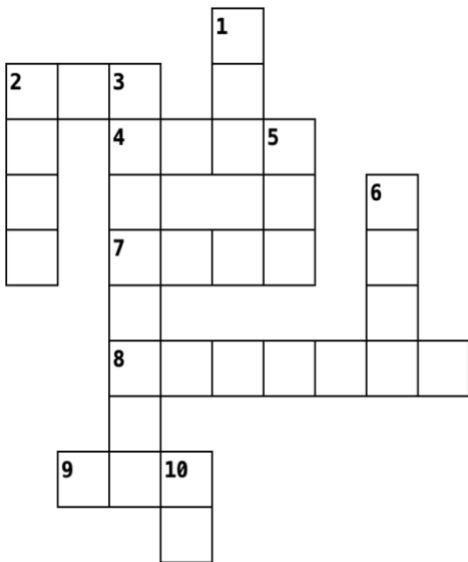
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## RVR Crossword #2

by Michelle Peñaloza



### Across

- 2. steamed bun
- 4. right away
- 7. equal to two nickels
- 8. reputation damager
- 9. one in Español

### Down

- 1. lake or streambed alteration
- 2. getting the \_\_\_\_\_ back together
- 3. late local Yuki poet
- 5. in the sky idea
- 6. colored glasses
- 10. definitely not Kansas

Need answers from last week?

Come see us at the Farmer's Market!



## THANK YOU!

The following individuals have  
invaluably contributed to the Round  
Valley Reader by loaning us their  
personal collections of historic  
documents and newspapers.

Carol Borden  
Leslie Cardone  
Rob Arge  
Sandy Wake & Howard Wenz  
Marty Holzhauser  
Melody Johns

## YOUR WEEKLY HOROSCOPE

by Michelle Peñaloza

**Aries:** This full moon brings some deciding moments for you, dear ram. Consider the balance between wanting to interact with people and wanting your own autonomy. Relationships can slow you down or they can help you take an alternate path. Patience is key!

**Taurus:** So, change isn't your favorite, sweet bull – it can be messy & irritating! But, looking at systems you have in place, you might find ways to save yourself time, energy, and money. You might want to spend some quality alone time to confront things that you've put on the back burner.

**Gemini:** You have a lot you need to do (that ideally, you'd love to finish!), but your heart really wants to just be free and go play. You're making peace with the unknown (something you could keep to yourself or celebrate publicly), so pat yourself on the back and make time for brainstorming your next moves.

**Cancer:** Tender conversations may come up, which can be a prompt for healing pain. You may feel moved to use your experience to help others. In general, communication is at the forefront: you might be on your phone a lot this week; several friends might need to talk to you.

**Leo:** You're considering how you might support your future, and who can help you manifest it. Thinking too much about the future can keep you up at night, so be kind to yourself. Those close to you might not be as helpful as you'd hoped. You'll need some flexibility to stay out of arguments.

**Virgo:** Life can be so weird; because of that you can harness a radical optimism. This week, you can find a positive & unique mindset. Your outlook is insightful and might bring some much-needed simplicity into your life as it illuminates & draws a definitive line. Sometimes ultimatums are appropriate.

**Libra:** Not only do you have to choose your party guests wisely, but also the company that you keep in general. This week illuminates your definition of your partnerships. Be direct about your own feelings and keep it simple. How you picture your future has evolved this year. Factors outside of your control keep shifting. Consider how you can own it despite the chaos.

**Scorpio:** Your plans move forward thanks to your support system. Good vibes are abundant! Make plans for the coming season & find work projects reaching a culmination. This week could also bring some news about your health or lifestyle. Be open to unconventional ideas re: the future.

**Sagittarius:** Work & career stuff is going well—thanks to you! The dedication you put in every day speaks for itself but speaking highly of yourself wouldn't hurt either. You're thinking outside of the box and able to be innovative with your work this week. Work hard, but don't forget to also have a good time.

**Capricorn:** You're confronting your career and considering your comfort zone. Some things beyond your control are determining your role. Where you live and operate from determines your outcome and all that's putting you in the mood to retreat from the world. There's something very glamorous & kind to yourself about knowing when to *not* show up.

**Aquarius:** You can put your faith into others this week; things will work out. Trusting in others and their word is easy now. Conversations are coming to a head, & you're gathering all the facts. You know what to do with that information! Perhaps, travel plans (w/ adjustments) are in your future.

**Pisces:** Your words are more liberating than you realize, dear Pisces. You can give others hope in a time when they might feel nervous. The truth will not only set you free, but can set others free, too! Speak honestly & as objectively as one can. You have the power to be a voice of reason.

