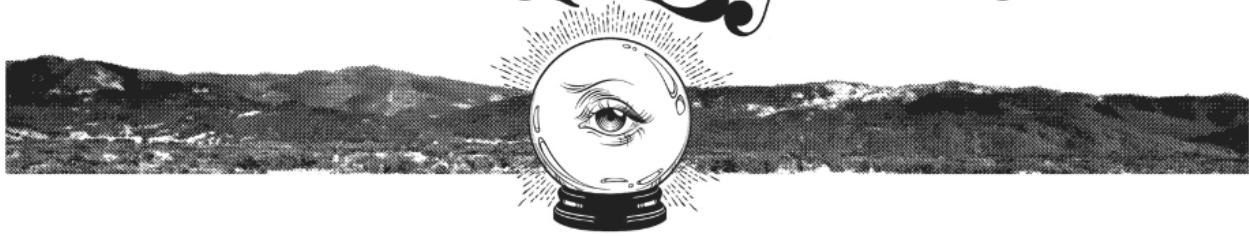




Round Valley Reader



This activity is funded in part by the California Arts Council, a state agency, through the Upstate California Creative Corps program.

Vol 1, Issue 12.

Past Present Future

November 3, 2023

Present gathered and written by Michelle Peñaloza | **SNAPSHOTS:** Round Valley Happenings

On October 19th, the Round Valley community welcomed a Redwood log from Longvale and escorted it to Inspiration Point. Afterward, folks celebrated with a salmon dinner served with corn on the cob, potato salad, and garlic bread. The Redwood log will be hand-carved into a canoe in Round Valley—it will be the revival of the first canoe in 175 years! The event was sponsored by Native WAY and the Eel River Recovery Project. Humboldt Redwoods State Park generously donated the Redwood log.



Top left: Neesh-kin Redhawk and Edwina Lincoln | Top right: Inez and Lakota Hoaglen | Middle left: Dean Meyer (Log Hauler/driver), Mudcat Hoaglen, Neesh-kin Redhawk, James Bloom, Judy Pena and Edwina Lincoln | Bottom left: Lourance Hall and Michelle Merrifield | Bottom right: Gary Pete, Iran Hoaglen, Mudcat Hoaglen

Pictures courtesy of Mudcat Hoaglen and Katie Newman (when names were shared people have been identified)

Do you have archives from the past, present news, and/or imaginings for the future of Round Valley? Tell us in person at Fridays' farmers' markets (where we will also have the latest issues of the paper!) Or email us at: coveloarts@gmail.com



Folks cheesed it up



at the 10/27 Round Valley Farmers' Market—



Halloween style!



On October 26th, the Round Valley Native Domestic Violence & Sexual Assault Program, in conjunction with RVIT Tribal TANF and The RVIT Tribal Advocate Program, hosted a Domestic Violence Awareness Walk. Above, L to R: Clarence Britton, Elizabeth Red Feather, Chuk White Wolf, Buck Meat Britton, Yolanda Hoaglen, & Mudcat Hoaglen; seated: Michelle Merrifield & Leslie Smith



On October 27th and 28th, the Eel River Recovery Project sponsored a stream clean up with Round Valley Elementary on Friday and a Community Clean Up on Saturday. Imil Ferrara, Pat Higgins and Lourance Hall organized the event funded by DWR and Prop 68 for their grant for Town Creek Restoration; M&M Feed was key in making the Saturday community clean up happen. The 5th grade class made the biggest haul (almost an entire truckload!) in just 30 minutes upstream of the bridge at Airport Road. The 1st and 2nd graders had a great eye for finding really small trash (those young eyes!). The middle schoolers went from High School Street all the way to the 162 bridge in less than an hour!

Photos courtesy of Lourance Hall



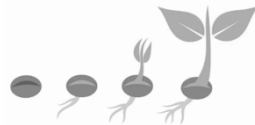
Present

written by Michelle Peñaloza

For Seed Savers, past, current, and future: come to the Round Valley Library's Seed Library Gathering on Saturday, November 4th, from 11 AM to 2 PM. Bring seeds to share as well as your stories and dried vegetable material—they'll have screens and friends to help clean them. Native WAY youth will be engaging in this community gathering and from 2-4 PM will be presenting their experiences of the



program while sharing foods they have prepared for public tasting. Seed Saving Chart (right), shared by Katie Newman of Golden Fig Farms.



Seed Saving Chart

The isolation distances and plant populations listed below are the optimal numbers for garden-scale seed saving. That said, the best way to build solid seed skills is a combination of researching the ideal methods and experimenting with your own approach. The only real mistake you can make is to not try. Have fun.

	FAMILY, GENUS, SPECIES	POLLINATION	ISOLATION DISTANCE	# OF PLANTS	SEED LIFE	MISCELLANEOUS INFORMATION
Annual Vegetables						
Arugula	Brassicaceae (<i>Eruca sativa</i>)	Insect	1/2 mi.	40	5 yrs.	Easy outcrosser for beginners
Bean	Fabaceae (<i>Phaseolus vulgaris</i>)	Self	20 ft.	10	4 yrs.	Good for beginners
Bean, Fava	Fabaceae (<i>Vicia faba</i>)	Self	50 ft.	20	4 yrs.	Primarily selfers, but insects do pollinate
Corn	Poaceae (<i>Zea mays</i>)	Wind	1-2 mi.	100	6 yrs.	Seed matures 6-8 weeks after eating stage
Cucumber	Cucurbitaceae (<i>Cucumis sativus</i>)	Insect	1/2 mi.	10	8 yrs.	Male and female flowers
Eggplant	Solanaceae (<i>Solanum melongena</i>)	Self	50 ft.	10	6 yrs.	Harvest seed from overripe fruit
Lettuce	Asteraceae (<i>Lactuca sativa</i>)	Self	20 ft.	10	3 yrs.	Good for beginners
Melon	Cucurbitaceae (<i>Cucumis melo</i>)	Insect	1/2 mi.	10	7 yrs.	Does not cross with watermelon
Mustard	Brassicaceae (<i>Brassica juncea</i>)	Insect	1/2 mi.	40	5 yrs.	Will cross with wild species
Pea	Fabaceae (<i>Pisum sativum</i>)	Self	20 ft.	25	5 yrs.	Good for beginners
Pepper	Solanaceae (<i>Capsicum spp</i>)	Self	100 ft.	10	4 yrs.	Primarily selfers, but insects do pollinate
Pumpkin	Cucurbitaceae (<i>Cucurbita pepo</i>)	Insect	1/2 mi.	10	7 yrs.	Male and female flowers
Radish	Brassicaceae (<i>Rapianus sativus</i>)	Insect	1/2 mi.	50	5 yrs.	Can cross with wild radishes
Spinach	Amaranthaceae (<i>Spinacia oleracea</i>)	Wind	2 mi.	50	4 yrs.	Male and female plants
Squash	Cucurbitaceae (<i>Cucurbita spp</i>)	Insect	1/2 mi.	10	7 yrs.	Cross only within species
Tomato	Solanaceae (<i>Lycopersicon spp</i>)	Self	10 ft.	10	5 yrs.	Good for beginners
Watermelon	Cucurbitaceae (<i>Citrullus lanatus</i>)	Insect	1/2 mi.	10	6 yrs.	Does not cross with other melon types
Biennial Vegetables						
Beet	Amaranthaceae (<i>Beta vulgaris</i>)	Wind	1 mi.	30	6 yrs.	Crosses with chard
Broccoli	Brassicaceae (<i>Brassica oleracea</i>)	Insect	1/2 mi.	40	5 yrs.	Crosses with all oleraceae
Brussels Sprout	Brassicaceae (<i>Brassica oleracea</i>)	Insect	1/2 mi.	40	5 yrs.	Crosses with all oleraceae
Cabbage	Brassicaceae (<i>Brassica oleracea</i>)	Insect	1/2 mi.	40	5 yrs.	Crosses with all oleraceae
Cauliflower	Brassicaceae (<i>Brassica oleracea</i>)	Insect	1/2 mi.	40	5 yrs.	Crosses with all oleraceae
Carrot	Apiaceae (<i>Daucus carota</i>)	Insect	1 mi.	60	3 yrs.	Crosses with Queen Anne's Lace
Celery, Celeriac	Apiaceae (<i>Apium graveolens</i>)	Insect	1/2 mi.	30	5 yrs.	Difficult to overwinter
Kale	Brassicaceae (<i>Brassica napus</i>)	Insect	1/2 mi.	40	5 yrs.	Russian and Siberian varieties
Kale	Brassicaceae (<i>Brassica oleracea</i>)	Insect	1/2 mi.	40	5 yrs.	Scotch and Tuscan varieties
Kohlrabi	Brassicaceae (<i>Brassica oleracea</i>)	Insect	1/2 mi.	40	5 yrs.	Crosses with all oleraceae
Leek	Amaryllidaceae (<i>Allium ampeloprasum</i>)	Insect	1 mi.	20	2 yrs.	Seed tightly encased in seed head
Onion	Amaryllidaceae (<i>Allium cepa</i>)	Insect	1 mi.	50	2 yrs.	Very short seed life
Parsley	Apiaceae (<i>Petroselinum crispum</i>)	Insect	1 mi.	30	5 yrs.	Seed heads shatter easily
Parsnip	Apiaceae (<i>Pastinaca sativa</i>)	Insect	1 mi.	20	1 yr.	Extremely short seed life
Rutabaga	Brassicaceae (<i>Brassica napus</i>)	Insect	1/2 mi.	40	5 yrs.	Crosses with some Russian kales
Swiss Chard	Amaranthaceae (<i>Beta vulgaris</i>)	Wind	1 mi.	30	6 yrs.	Crosses with beets
Turnip	Brassicaceae (<i>Brassica rapa</i>)	Insect	1/2 mi.	40	5 yrs.	Crosses with broccoli raab



Isolation distance: Varieties of the same species can cross-pollinate, producing offspring with new characteristics. To keep seed varieties "pure," seed savers create "isolation"—planting related varieties at appropriate distances to minimize the chance of crossing.

Number of plants: To maintain genetic integrity, it's important to save seed from a diverse population of individual plants. The optimum population size differs depending on whether a variety is wind or insect pollinated, or self-pollinated.

For more seed saving resources, check out our Community Seed Toolkits at www.seedmatters.org

FUTURE

written by Jenn Procacci

Attention reader – the following article is fictional and does represent current or past happenings in Round Valley.

Round Valley Indian Health Center Opens Urgent Care Facility

September 21st, 2034

In a significant step towards improving healthcare access for the residents of Covelo and Round Valley, the Round Valley Indian Health Center (RVIHC) has unveiled its latest addition: an Urgent Care facility. This new healthcare service is poised to make a substantial impact on the local community by providing timely care for urgent medical needs that would normally necessitate an hour-long drive to the nearest hospital in Willits. RVIHC's new Urgent Care facility stands as a beacon of hope for those in need of immediate medical attention.

Covelo, a rural community in northeastern Mendocino County, has faced challenges in accessing immediate medical care since its inception. The closest emergency room is located 43 miles away in Willits, making it difficult for residents to receive prompt treatment in critical situations. This results in Covelo boasting the largest air ambulance membership per capita in Mendocino county - emergency helicopter flights leave the valley on average of 1x per day year round, ferrying folks experiencing medical emergencies to the hospital via air travel.

The opening of an Urgent Care facility by the RVIHC is a much-needed response to this challenge. The primary objective of the facility is to provide immediate medical attention to those with non-life-threatening conditions requiring prompt care. From minor injuries to sudden illnesses, Urgent Care staff is equipped to handle a wide range of medical situations that would otherwise leave residents who are already feeling under the weather traveling the windy route 162 or hopping onboard a helicopter.

The Urgent Care facility offers extended hours of operation, allowing residents to access care after hours and reducing the need for expensive emergency room visits for non-emergent cases. The facility is staffed with experienced healthcare professionals, including doctors and nurse practitioners, who are trained to address a wide variety of medical issues. Through a government program with the Health Resources & Services Administration (HRSA), medical professionals who commit to 4 years of employment at the RVIHC Urgent Care are eligible for student loan forgiveness. The HRSA program brings a twofold benefit to the RVIHC Urgent Care by enticing young medical professionals who bring along their knowledge of the newest medical practices and treatments, while also retaining them long enough in Covelo to build meaningful relationships with local patients and the community.

The opening of an Urgent Care facility at the Round Valley Indian Health Center in Covelo is a significant milestone for the community. This development is a testament to the Round Valley Indian Health Center's dedication to the well-being of the people it serves, and it stands as a beacon of hope for the future of healthcare not only in Covelo, but in all underserved rural communities and reservations.



Do you have archives from the past, present news, and/or imaginings for the future of Round Valley? Tell us in person at Fridays' farmers' markets (where we will also have the latest issues of the paper!) Or email us at: coveloarts@gmail.com

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As a public service, The Round Valley View will print free of charge any ad offering to share something with the community (i.e. if it's free from you, it's free from us!) In addition, there is no charge for "Thank You" notices, Lost and Found, or for ads placed by students seeking work. We reserve the right to edit or reject any ad.

Announcements:

PARTY FOR SHANNAN LOWRY at the property, September 14, 1996. Please call Vikki for details at 983-8367.

RALPH NADER '96 Bumper Stickers available. Send \$1.00 and stamped, self-addressed envelope to Ralph Nader Campaign, P.O. Box 1034, Covelo, CA 95428.

AA Meets regularly, M-F at 8pm. Al-Anon meets on Wednesdays at 5pm. At the two-story grey house next to the Drake Inn on Commercial Street. Everyone Welcome! Call 983-6552 or 983-6041 for more information.

LOOKING FOR PICTURES & STORIES OF MUSIC IN ROUND VALLEY for an historical retrospective display at the North Fork Cafe. Contact Brian Burke at 983-6354.

Acknowledgements:

Louie Fulwider: Congratulations! Didn't know you had it in you. Way to go, Louie! (anonymous)

Services Offered:

SWEDISH-ESALEN MASSAGE by Joan Terry, C.M.P. Now at June Marie's Building, Room #2. Call (707) 983-6079.

Register at RV Schools District Office for IBM Computer Class 12 classes: Sept. 5 to Nov. 2, Thursdays at RVHS from 4:00 to 6:00 p.m.

Sponsored by Round Valley Adult Ed School \$5 registration fee (no refund after Sept. 5) Taught by Sandy Williamson

Register at RV Schools District Office for Welding Class

12 classes: Sept. 5 to Nov. 2, Thursdays at RVHS Two sessions: 4:00 to 6:00pm, and/or 6:00 to 8:00 p.m. Sponsored by Round Valley Adult Ed

School \$10 materials fee in advance for first ten hours of instruction. Additional payments of \$10 for each ten hours may be made later. Taught by Mike Deeter Class is open to beginners as well as experienced welders. High school students earn 1 credit for every 12 hours of instruction.

Rumor of the Week:

"Covelo can't get police to stay, because we don't have a donut shop."

Nothing much happens in a small town—but what you hear certainly makes up for it! Submit your rumor of the week to this paper at P.O. Box 1100, Covelo, CA 95428.

For Sale:

APPLE 2X EXTERNAL CD ROM DRIVE: New condition, used less than three months. \$99. Call Richard at 983-8328.

HARVEST BOUNTY in Willits (Supplements, Herbs & Natural Foods) offers a new service for our Covelo Customers. Telephone mail order: 10:30am-5:30 pm. Same day shipping if you call before 2pm. 10% Discount to Seniors. To place an order or for more information: Call 1-800-459-9647 We accept MC, Visa, & Discover Card.

ADORABLE PIGMY KIDS. Male & Female. Two different lines to choose from. Make great pets. \$50 each Call 983-6756

Wanted to Buy:

WANT TO BUY AFFORDABLE OLDER MOBILE HOME with appliances, for \$2-3,000. Call 528-7830 (days) or 546-9224 (eves)

Help Wanted:

HONEST ENERGETIC PERSON, 18 YRS OLD OR OLDER, TO WORK EVENINGS AND WEEKENDS. Apply in person at Redwood Oil Station.

For Rent

HOUSE FOR RENT: 2 bedroom + Den \$450. Call 983-6104

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14.5 ± Acres flat valley land with spring fed pond, great pasture, etc. **\$50,000**

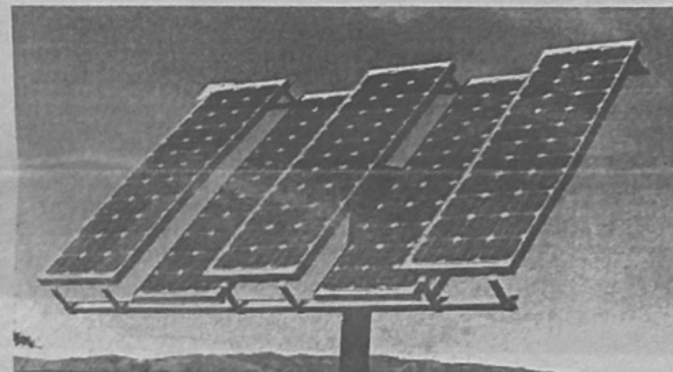
.72± Acre with older home surrounded by trees. **\$45,000**

1 ± Acre with very cute home, many large oaks **\$70,000**

20 Acres ± Mountain land, beautiful views **\$22,500**

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